

2009 / 10
Flippers State Youth Squad



Athlete Application Pack

ATHLETE APPLICATION GUIDELINES

Objective of the Program

To provide Athletes with the development and educational opportunities that will enhance the athlete's ability to achieve a National Age Gold Medal performance, a National Open Finalist performance and be selected for National Youth Teams. Athletes in the program should be focused on improving their performances towards these goals and progressing through the high performance pathway.

Athlete Eligibility Criteria

Athletes must:

- Be a permanent resident of Western Australia.
- Be 13 – 16 years on the first day of the meet of the 2009 Australian Age Championships.
- Be a current registered member of a Swimming WA affiliated swimming club.
- Enter into this agreement with their coach who will actively participate in the program.
- Upon selection, sign an Athletes Contract which outlines the commitment of being a squad member.

Athlete Selection Criteria

- Selection is based on athlete performances at the 2009 Australian Age Championships. Up to twenty places will be made available for swimmers based on performances at these championships. Priority will be given to those with a higher placing or failing this, those with the smallest percentage difference from the winning time of that year in their nominated event.
- The selection criteria from the Australian Age Championships for both boys & girls are as follows:
 - 13 year old athletes will be selected on performances of 6th Australian place or better in an individual 50m, 100m or 200m event.
 - 14 year old athletes will be selected on performances of 6th Australian place or better in an individual 50m, 100m or 200m event.
 - 15 year old athletes will be selected on performances of 6th Australian place or better in an individual 50m, 100m or 200m event.
 - 16 year old athletes will be selected on performances of 6th Australian place or better in an individual 50m, 100m or 200m event.
 - 13 – 16 year old athletes will be selected on performances in the 400m freestyle, 800m freestyle, 1500m freestyle and 400m individual medley based on the 6th rank or better in their own age group.

Open Water

- 1st or 2nd place in 5km or 10km at Australian Age Open Water Championships **AND**
- Qualify for a 400m, 800m or 1500m Freestyle event at the Australian Age Championships

Athlete Program Benefits

- Access to the National Youth Mentor Coach through the Development Camp in October
- Access to the State Mentor Coach through various activities through out the year
- Development Camp scheduled September/October 2009, as well as other activities detailed in the athlete contract to be finalised closer to the date.

Coach Eligibility Criteria

Coaches must:

- Be the primary coach of an athlete selected in the 2009-10 Flippers State Youth Squad.
- Be a current registered member of an affiliated Swimming WA swimming club.
- Have a National Police Clearance.
- Have a current Swimming Australia Coaching Accreditation.
- Upon athlete selection sign a Coaches Contract which outlines the roles, responsibilities and commitment of being a squad coach.

Coach Program Benefits

- Access to the National Youth Mentor Coach
- Access to the State Mentor Coach
- Attend Development Camp and other activities.

COMPLETING YOUR APPLICATION FORM

If after having read these guidelines, you have considered that you are suitable and there are genuine benefits for you, complete the enclosed Application Form and return it to Swimming WA.

Athletes applying for squad selection must lodge their application via the form at the end of this document. It is advised to send your application at least a week before the closing date to avoid any possible delays and unnecessary disappointment.

ASSISTANCE

If you require any assistance or have any questions concerning your application, please contact Sam Hunt, Development Officer, Swimming WA on (08) 9328 4599.

LODGING YOUR APPLICATION BY CLOSING DATE

Please return the **2009/10 Flippers State Youth Squad Application Form** to **Swimming WA** by **Friday 15th May, 2009 at 5pm** for applications made based on the Australian Age Swimming Championships.

- 1) Post: PO Box 205, Leederville WA 6903
- 2) Fax: (08) 9227 6089
- 3) Email: sam@wa.swimming.org.au

Proposed Flippers Activities 2009/10

These activities are tentative and subject to change. Further information will be given closer to the date. Note that these activities may incur a cost due to the expansion of the program for the new season.

Flippers Mini Camp – Short Course Work May 2009

State Age Short Courses Championships, Canberra. September 2009

Development Squad Camp September/October 2009 including Flippers Day

WA State Long Course Championships December 2009

Nationals Preparation Activity January/February 2010

National Age Championships 2010

2009–2010 Flippers State Youth Squad Selection

Swimming WA shall select the successful athletes within two weeks of the application closing date.

Swimming WA's decision is final and no appeal process regarding a decision will be entered into.

All athletes will be notified of the outcome of their application.

All athletes and coaches selected will be required to sign the Swimming WA Athletes / Coaches Contract.



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Athlete Application Form

ATHLETE DETAILS

(Please complete all details in the table below)

Athlete Name:	
Date of Birth:	Age:
Parent Name:	
Address:	
Suburb:	Postcode:
Ph (H)	(W)
Mobile:	Fax:
Shirt Size:	
Email:	
Club:	
Head Coach:	
Ph (H)	Ph(Mob)
Swimmers Coach:	
Ph (H)	Ph(Mob)

Athlete highest achievement accomplished at 2009 Australian Age Championship

Event: _____

Place: _____

Time: _____