

Swimming WA presents the next Go Club forum on:

Sports Psychology; Getting the Edge and Parenting a Talented Athlete

GO CLUB Administration modules have been developed by Swimming Australia in conjunction with the Australian Coaches and Teachers Association (ASCTA) for the delivery of Club Development education sessions to Swimming Clubs.

During the State Championships this December, two sessions aimed at assisting parents with their athletes have been developed.

On Saturday, Domenic Crouch, a Performance Consultant from think feel perform, will give a talk on sports psychology and how it's principles can be adopted by athletes, parents and clubs.

On Sunday we will see Greg Hodge, the Swimming Performance Manager from WAIS, will be giving a talk on being the parent of a competitive swimmer, giving your child the best chance at success, how WAIS and Swimming WA aids in athletes development, and Greg Hodge's roles and experiences.

Don't miss these opportunities!

To register or for more information, please email:

Sam Hunt at: sam@wa.swimming.org.au

Registrations close: **18/12/09**

Please include which club you are associated with

Next Presentation

Time: 08:00am – 08:45am
Date: 19th and 20th December 2009
Location: Challenge Stadium Lecture Theatre

This event will cost \$10.00 a head. Tea, coffee and pastries will be provided.

Non members are most welcome!