

CENTRAL MIDLANDS REGION 3 OPEN SHORT COURSE MEET

Sunday 28 June 2009

Challenge Stadium

- This meet is being hosted by region 3
- **WARM UP:** 8.00 am **START:** 9.00 am
- Swimmers must be registered with Swimming WA by close of entries.
- Age as at 1st day of competition.
- All events swum as timed finals.
- **AWARDS:** Medallions – 1st, 2nd and 3rd. Place points will be awarded to Clubs: 10, 8, 6, 5, 4, 3, 2, 1.
- **WINNING CLUB - \$200.00. Runner-up Club \$100.00. In the event of a tie prize money will be shared.**
- Entry cards, fees and summary sheets must accompany entries. Entries to be sent to PO Box 30, Northam WA 6401 (Allow 2 days for postage). Please supply a contact phone number (in case entry cards need clarification).
- **ENTRIES CLOSE: 12th June 2009**
- Entry fee is \$5.00 per individual event (including GST). Cheques to be made payable to Region 3.
- ENQUIRIES: RONDA SIMS (08) 9586 3232. FROM THURSDAY 25TH JUNE ALL ENQUIRIES TO 0437 006 028 (RONDA'S MOBILE).
- **OFFICIALS:** Visiting clubs are invited to provide poolside officials to assist in running the meet.

Event	Stroke	Q/T	Event	Stroke	Q/T
1	Boys 8/9yrs 100m IM		20	Girls 12yrs/U 50m Butterfly	
2	Girls 8/9yrs 100m IM		21	Boys 13yrs/U 50m Butterfly	
3	Boys 10/11yrs 100m IM		22	Girls 13yrs/U 50m Butterfly	
4	Girls 10/11yrs 100m IM		23	Boys 14yrs/U 50m Butterfly	
5	Boys 12/13yrs 100m IM		24	Girls 14yrs/U 50m Butterfly	
6	Girls 12/13yrs 100m IM		25	Boys 15yrs/U 50m Butterfly	
7	Boys 14/15yrs 100m IM		26	Girls 15yrs/U 50m Butterfly	
8	Girls 14/15yrs 100m IM		27	Boys 16yrs/U 50m Butterfly	
9	Boys 16/Open 100m IM		28	Girls 16yrs/U 50m Butterfly	
10	Girls 16/Open 100m IM		29	Mens Open 100m Butterfly	
11	Boys 7/8yrs 25m Butterfly		30	Womens Open 100m Butterfly	
12	Girls 7/8yrs 25m Butterfly		31	Boys 7/8yrs 25m Backstroke	
13	Boys 9yrs/U 50m Butterfly		32	Girls 7/8yrs 25m Backstroke	
14	Girls 9yrs/U 50m Butterfly		33	Boys 9yrs/U 50m Backstroke	
15	Boys 10yrs/U 50m Butterfly		34	Girls 9yrs/U 50m Backstroke	
16	Girls 10yrs/U 50m Butterfly		35	Boys 10yrs/U 50m Backstroke	
17	Boys 11yrs/U 50m Butterfly		36	Girls 10yrs/U 50m Backstroke	
18	Girls 11yrs/U 50m Butterfly		37	Boys 11yrs/U 50m Backstroke	
19	Boys 12yrs/U 50m Butterfly		38	Girls 11yrs/U 50m Backstroke	

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Event	Stroke	Q/T
39	Boys 12yrs/U 50m Backstroke	
40	Girls 12yrs/U 50m Backstroke	
41	Boys 13yrs/U 50m Backstroke	
42	Girls 13yrs/U 50m Backstroke	
43	Boys 14yrs/U 50m Backstroke	
44	Girls 14yrs/U 50m Backstroke	
45	Boys 15yrs/U 50m Backstroke	
46	Girls 15yrs/U 50m Backstroke	
47	Boys 16yrs/U 50m Backstroke	
48	Girls 16yrs/U 50m Backstroke	
49	Mens Open 100m Backstroke	
50	Womens Open 100m Backstroke	
51	Boys 7/8yrs 25m Freestyle	
52	Girls 7/8yrs 25m Freestyle	
53	Boys 9yrs/U 50m Freestyle	
54	Girls 9yrs/U 50m Freestyle	
55	Boys 10yrs/U 50m Freestyle	
56	Girls 10yrs/U 50m Freestyle	
57	Boys 11yrs/U 50m Freestyle	
58	Girls 11yrs/U 50m Freestyle	
59	Boys 12yrs/U 50m Freestyle	
60	Girls 12yrs/U 50m Freestyle	
61	Boys 13yrs/U 50m Freestyle	
62	Girls 13yrs/U 50m Freestyle	
63	Boys 14yrs/U 50m Freestyle	
64	Girls 14yrs/U 50m Freestyle	
65	Boys 15yrs/U 50m Freestyle	
66	Girls 15yrs/U 50m Freestyle	
67	Boys 16yrs/U 50m Freestyle	
68	Girls 16yrs/U 50m Freestyle	
69	Mens Open 100m Freestyle	
70	Womens Open 100m Freestyle	
71	Boys 7/8yrs 25m Breaststroke	
72	Girls 7/8yrs 25m Breaststroke	
73	Boys 9yrs/U 50m Breaststroke	
74	Girls 9yrs/U 50m Breaststroke	
75	Boys 10yrs/U 50m Breaststroke	
76	Girls 10yrs/U 50m Breaststroke	
77	Boys 11yrs/U 50m Breaststroke	
78	Girls 11yrs/U 50m Breaststroke	
79	Boys 12yrs/U 50m Breaststroke	
80	Girls 12yrs/U 50m Breaststroke	
81	Boys 13yrs/U 50m Breaststroke	

Event	Stroke	Q/T
82	Girls 13yrs/U 50m Breaststroke	
83	Boys 14yrs/U 50m Breaststroke	
84	Girls 14yrs/U 50m Breaststroke	
85	Boys 15yrs/U 50m Breaststroke	
86	Girls 15yrs/U 50m Breaststroke	
87	Boys 16yrs/U 50m Breaststroke	
88	Girls 16yrs/U 50m Breaststroke	
89	Mens Open 100m Breaststroke	
90	Womens Open 100m Breaststroke	

