

2009 HFMF Age Short Course Championships

Weekend 1: Saturday 22 & Sunday 23 August 2009

Weekend 2: Saturday 29 & Sunday 30 August 2009

CHALLENGE STADIUM

- 13/UNDER – 18 YEARS
- Morning sessions – 8.00AM warm-up – 9.00AM start.
- Afternoon sessions – 3.30 PM warm-up – 4.30 PM start.
- All swimmers are to be registered with Swimming WA by close of entries.
- Age as at 1st day of competition.
- NEW FORMAT – ALL events will be swum as heats and finals excluding the 800 & 1500 Freestyle, which will be swum as timed finals with the fastest heat being swum in the afternoon. Medals for these two events have two divisions – 15/U & 18/U. Swimmers must meet the minimum qualifying time of 15yrs.
- HEATS – This meet will be run on a new format with heats for separate male and female events being seeded on entry times, not age.
- FINALS – The top eight in each Age Group (13/U, 14, 15, 16, 17/18) from the Heat session will swim in their individual age group Final in the afternoon. Medals will be presented to 1st, 2nd and 3rd place getters in each individual Age Group. **Excluding the finals of the 400 Freestyle, 400 Individual Medley, 200 Butterfly & 200 Breaststroke. The finals of these events in the afternoon will be swum in Division format 13/U, 15/U, & 18/U, however medals (1st, 2nd and 3rd) will be presented to each individual age group ie 13/U, 14, 15, 16, 17/18
- QUALIFYING TIMES – For EACH Age Group please refer to SWA Short Course qualifying times at front of ALMANAC.
- 13/UNDER EVENTS – Swimmers must have a 13-year-old qualifying time. Younger swimmers are eligible to enter providing they meet the 13-year-old qualifying time. (NEW). All other swimmers must meet individual age qualifying times, excluding the 1500 and 800 meter freestyle events which have minimum qualifying time of 15 years.
- MD EVENTS – are open to 13 – 18yrs only. No qualifying times are necessary. ALL MD Events will be swum as 'Mixed Timed Finals' in the AM Sessions. Individual Medals will be awarded to Male & Female competitors in each event.
- RELAYS – ALL Relays are Timed Finals. Each Club is only permitted to enter one team per separate Male and Female Relay event.
- Two (V) swimmers per final and one (V) swimmer per relay team are allowed.
- Entries must be submitted through clubs using Team Manager and/or Meet Manager and emailed to Swimming WA (waswim@wa.swimming.org.au) together with attached electronic entry report, showing proof of time.
- All entries must be followed up with correct fees.
- Non Australians are to be marked with a (V)
- Entries Close Monday 10th August 2009. No late entries will be accepted.
- Entry Fee: Individual \$7.50 per event; relay \$17.50 per event (including GST)

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Day 1: Saturday 22 August 2009

Event	Stroke
1	Male 400 Freestyle
2	Female 400 Freestyle
3	Male 100 Individual Medley
4	Female 100 Individual Medley
5	MD Mixed 50 Breaststroke (TF)
6	Male 200 Butterfly
7	Female 200 Butterfly
8	Male 50 Breaststroke
9	Female 50 Breaststroke
10	MD Mixed 100 Freestyle (TF)
11	Male 100 Freestyle
12	Female 100 Freestyle
13	Male 13/U 4x50 Medley Relay (TF) am session
14	Female 13/U 4x50 Medley Relay (TF) am session
15	Male 15/U 4x50 Medley Relay (TF) am session
16	Female 15/U 4x50 Medley Relay (TF) am session
17	Male 18/U 4 x100 Medley Relay (TF) pm session
18	Female 18/U 4 x100 Medley Relay (TF) pm session

Day 2: Sunday 23 August 2009

Event	Stroke
19	Male 200 Backstroke
20	Female 200 Backstroke
21	MD Mixed 50 Freestyle (TF)
22	Male 100 Breaststroke
23	Female 100 Breaststroke
24	Male 50 Freestyle
25	Female 50 Freestyle
26	MD Mixed 400 Freestyle (TF)
27	Male 200 Individual Medley
28	Female 200 Individual Medley

29 MD Mixed 100 Backstroke (TF)

30 Male 800 Freestyle

31 Female 800 Freestyle

Day 3: Saturday 29 August 2009

Event	Stroke
32	Male 1500 Freestyle
33	Female 1500 Freestyle
34	MD Mixed 100 Breaststroke (TF)
35	Male 50 Backstroke
36	Female 50 Backstroke
37	MD Mixed 50 Butterfly (TF)
38	Male 100 Butterfly
39	Female 100 Butterfly
40	MD Mixed 200 Freestyle (TF)
41	Male 400 Individual Medley
42	Female 400 Individual Medley

Day 4: Sunday 30 August

Event	Stroke	Q/T
43	Male 200 Freestyle	
44	Female 200 Freestyle	
45	MD Mixed 100 Butterfly (TF)	
46	Male 50 Butterfly	
47	Female 50 Butterfly	
48	Male 200 Breaststroke	
49	Female 200 Breaststroke	
50	MD Mixed 50 Backstroke (TF)	
51	Male 100 Backstroke	
52	Female 100 Backstroke	
53	MD Mixed 100 Individual Medley (TF)	
54	Male 13/U 4x50 Freestyle Relay (TF) am	
55	Female 13/U 4x50 Freestyle Relay (TF) am	
56	Male 15/U 4x50 Freestyle Relay (TF) am	
57	Female 15/U 4x50 Freestyle Relay (TF) am	
58	Male 18/U 4x100 Freestyle Relay (TF) pm	
59	Female 18/U 4x100 Freestyle Relay (TF) pm	