

SunSmart State Age Championships

Friday 18th – Tuesday 22nd December 2009

Challenge Stadium

Hosted By: Swimming WA

- 13/UNDER– 18YEARS
- Morning sessions – 8:00am warm-up – commences 9:00am
- Afternoon sessions – 3:30pm warm up – commences 4:30pm
- Opening ceremony will commence at 4:15pm on Friday 18th December 2009
- All swimmers are to be registered with Swimming WA by close of entries
- Age as at 1st day of competition
- ALL events will be swum as heats and finals excluding the 800 & 1500 Freestyle, which will be swum as timed finals with the fastest heat being swum in the afternoon. Medals for these two events have three divisions – 13/U, 15/U & 18/U.
- HEATS – This meet will be run with heats for separate male and female events being seeded on entry times, not age.
- FINALS – The top eight in each Age group (13/U, 14, 15, 16, 17/18) from the Heat session will swim in their individual age group Final in the afternoon. Medals will be presented to 1st, 2nd and 3rd place getters in each individual Age Group. **Excluding the finals of the 400m Freestyle, 400m Individual Medley, 200m Butterfly and 200m Breaststroke. The finals of these events in the afternoon will be swum in Division format 13/U, 15/U & 18/U, however medals (1st, 2nd and 3rd) will be presented to each individual age group i.e. 13/U, 14, 15, 16, 17/18.
- QUALIFYING TIMES – For EACH Age Group please refer to Swimming WA State Championships Qualifying Times at the front of the ALMANAC.
- 13/UNDER EVENTS – Swimmers must have a 13-year-old qualifying time. Younger swimmers are eligible to enter providing they meet the 13-year-old qualifying time. All other swimmers must meet the individual age qualifying times, excluding the 1500m and 800m meter freestyle events which have qualifying times matching the three divisions 13/u – 15/u – 18/u.
- MD EVENTS – are open to 13-18yrs only. No qualifying times are necessary. ALL MD Events will be swum as 'Mixed Timed Finals' in the AM Sessions. Individual Medals will be awarded to Male & Female competitors in each event.
- RELAYS – ALL Relays are Timed Finals with the 14/U being swum at the end of the morning session and the 16/U and 18/U being swum at the final afternoon sessions. Swimmers can only swim in a maximum of 4 relays – one (1) 50m, (1) 100m, (1) 200m Freestyle relay and in one (1) Medley relay for their club. Only the fastest 8 relay teams will score points in each relay event.
- Two (V) swimmers per final and one (V) swimmer per relay team are allowed.
- Entries must be submitted through clubs using Team Manager and/or Meet Manager and emailed to Swimming WA – waswim@wa.swimming.org.au. In the subject line state name of club and Meet entry. Electronic entries must be accompanied with an electronic individual entry report, displaying Proof of Time. (Please ensure the latest version of TM/MM is used). All entries must be followed up by posting of correct entry fees to Swimming WA.
- **Non-Australians are to be marked with a (V).**
- **Entries Close 5pm Tuesday 1st December 2009. No late entries will be accepted. (Please check closing date with your club)**
- Entry Fee: Individual \$10 per event; relay \$20 per event (including GST)

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DAY 1 – Friday 18th December 2009

Event	Stroke
1.	Female 200 Free
2.	Male 400 Free
3.	Mixed MD 50 Free
4.	Female 200 Breast
5.	Male 50 Fly
6.	Mixed MD 200 IM
7.	Female 100 Fly
8.	Male 100 Breast
9.	16/U Female 4 x 100 Medley Relay (T/F – PM)
10.	16/U Male 4 x 100 Medley Relay (T/F – PM)

DAY 2 – Saturday 19th December 2009

Event	Stroke
11.	Mixed MD 50 Back
12.	Female 400 Free
13.	Male 200 Free
14.	Mixed MD 400 Free
15.	Female 50 Breast
16.	Male 50 Breast
17.	Female 200 Back
18.	Male 100 Back
19.	Mixed MD 100 Fly
20.	14/U Female 4 x 50 Free 9 (T/F – AM)
21.	14/U Male 4 x 50 Free (T/F – AM)
22.	18/U Female 4 x 100 Free (T/F – PM)
23.	18/U Male 4 x 100 Free (T/F – PM)

DAY 3 – Sunday 20th December 2009

Event	Stroke
24.	Male 400 IM
25.	Female 200 Fly
26.	Mixed MD 100 Back
27.	Male 50 Free
28.	Female 50 Free
29.	Mixed MD 50 Fly
30.	Male 200 Back
31.	Female 100 Back
32.	14/U Male 4 x 50 Medley (T/F – AM)

33. 14/U Female 4 x 50 Medley (T/F – AM)

34. 16/U Male 4 x 100 Free (T/F – PM)

35. 16/U Female 4 x 100 Free (T/F – PM)

DAY 4 – Monday 21st December 2009

Event	Stroke
36.	Mixed MD 100 Free
37.	Female 800 Free (Slowest heats)
38.	Male 200 Fly
39.	Mixed MD 50 Breast
40.	Female 50 Fly
41.	Male 50 Back
42.	Female 200 IM
43.	Male 200 IM
44.	Mixed MD 100 Breast
45.	18/U Female 4 x 200 Free (T/F – PM)
46.	18/U Male 4 x 200 Free (T/F – PM)

DAY 5 – Tuesday 22nd December 2009

Event	Stroke
47.	Male 100 Free
48.	Female 100 Free
49.	Mixed MD 200 Free
50.	Male 1500 Free (Slowest heats)
51.	Female 50 Back
52.	Male 200 Breast
53.	Female 400IM
54.	Male 100 Fly
55.	Female 100 Breast
56.	Male 13/u 800m Free
57.	18/U Male 4 x 100 Medley (T/F – PM)
58.	18/U Female 4 x 100 Medley (T/F – PM)