

## 2009/10 Shell Novice Swim Meet Venues

Date	Venue	W/up	Start	Host Club
<b>Metropolitan Centres</b>				
<b>2009</b>				
Sat 24th Oct	<b>Terry Tyzack Swimming Pool,</b> Inglewood (inc. Multi-Disability Events)	2.00pm	3.00pm	<b>Riverside Swimming Club</b> Peter Trenaman riverside@westnet.com.au Ph: 9275 0154 Fax: 6210 1454 PO Box 10 Inglewood 6932
Sat 7th Nov	<b>Darling Range Sports College,</b> Forrestfield	9am	10am	<b>Kalamunda Districts Swimming Club</b> Liz Pannekoek grange43@iinet.net.au Ph: 9454 8095 Mob: 0407 479 261 PO Box 4 Kalamunda 6076
Sat 7th Nov	<b>Aqua Jetty, Rockingham</b> (inc. Multi-Disability Events)	8.30am	10am	<b>Rockingham Swimming Club</b> Sharon Russell Sharon.x.russell@nab.com.au Ph: 95283831 Mob: 0404018215 8 Sunningdale Circle, Cooloongup, 6168
Sat 5th Dec	<b>Challenge Stadium</b> (inc. Multi-Disability Events)	12pm	1pm	<b>West Coast Swim Club</b> Paulette Contessi jnrliaison@people.net.au Mob: 0438 908 264 PO Box 581, Floreat WA 6014
<b>2010</b>				
Sun 14th Feb	<b>Kwinana Recquatic Centre</b>	9am	10am	<b>Kwinana Swimming Club</b> Tony Ball – tball@iinet.net.au Ph: 9419 1539 Mob: 0417 949 716 40 Colchester Avenue Orelia WA 6167
Fri 19th Feb	<b>Perth College</b> (inc. Multi-Disability Events)	5pm	6pm	<b>Lawley Aquatic Swimming Club</b> John Feilding john.fielding@health.wa.gov.au Ph: 9371 2814 Mob: 0417 187 579 PO Box 25 Mt Lawley 6929
Sun 21 Feb	<b>Melville Aquatic Fitness Centre</b> (inc. Multi-Disability Events)	1pm	2pm	<b>Melville Swimming Club</b> Tony Baker competition@melvilleswimming.com Ph: 9317 8003 Mob: 0404 800 530 PO Box 2011 Palmyra DC 6961
Sun 28th Feb	<b>St Brigid's College Pool,</b> Lesmurdie	1pm	2pm	<b>Lesmurdie Legends</b> Liz Jenkin rjenks@iinet.net.au Ph: 9257 1302 PO Box 7 Walliston 6925

## 2009/10 Shell Novice Swim Meet Venues

Date	Venue	W/up	Start	Host Club
<b>Country Centres</b>				
<b>2009</b>				
Sat 7th Nov	<b>Kambalda Swimming Pool</b> (inc. Multi-Disability Events)	1pm	2pm	<b>Kambalda Amateur Swimming Club</b> Terri Pusterla tpu46141@bigpond.net.au Ph: 9027 0726 Mob: 0427 087 799 PO Box 236 Kambalda West 6442
Sat 28th Nov	<b>Narrogin Leisure Centre</b>	12.30pm	1pm	<b>Narrogin Amateur Swimming Club</b> Pam Jermy jermy@westnet.com.au Ph: 9881 3463 PO Box 411 Narrogin 6312
Sun 13th Dec	<b>Carnarvon Aquatic Centre</b> (inc. Multi-Disability Events)	9.30am	10am	<b>Carnarvon Amateur Swimming Club</b> Lee Maslin lee-anne.maslin@bigpond.com Ph: 9941 8387 Mob: 0411 152 004 PO Box 663 Carnarvon 6701
<b>2010</b>				
Sun 14th Feb	<b>South West Sports Centre, Bunbury</b>	9am	10am	<b>Bunbury Swimming Club</b> Colleen Bessell kimandcol@e-wire.net.au Ph: 97799726 Mob: 0438 988 056 PO Box 256 Bunbury WA 6231



dive in and try swimming!



## Shell Novice Swim Meets Entry Form

Competitor's Surname:	First Name:
Parent/Guardian Name:	
Address:	
Suburb:	Post Code:
Phone (h)	Mobile:
Date of Birth:	Male / Female:
Age as at date of meet:	
Swimming Club (If Applicable):	
Please enter details below as applicable and circle the body you wish to represent (School or Learn to Swim Centre)	
School:	
Learn to Swim Centre (Include the centre's location):	

## Event Selection

Event Number	Event	Best Time
Example:		
3	10 yrs Boys 50m Butterfly	55.27
25	11yrs Girls 50M Backstroke	First time swimming

## How Do I Enrol

**Step 1:** Fill in the entry form above

**Step 2:** Post the entry form with your cheque or money order (**\$4.00 per event inc. GST**) to the coordinator at the host swimming club. Enrolments close twelve (12) days prior to the day of the meet. Some host swimming clubs may take entries on the day. Please check with coordinator.

**Step 3:** Turn up at the pool on the day and be ready to have some fun!

Enclosed is \$  being entry for  events @ \$4.00 per event

I agree to abide by the rules and conditions of this competition.

Parents or guardians signature:

## What are the Shells?

The 'Shells' have been held in Western Australia for the past 41 years. They are kindly supported by Shell Australia and coordinated by the Swimming WA Association and host swimming clubs.

The Shell Novice Swim Meets are Swimming WA's premier Junior Sport Program. The 'Shells' are designed to encourage boys and girls in Western Australia to participate in swimming with all swimmers rewarded for their efforts. The 'Shells' are friendly, non-threatening swim meets with modified rules and provide an opportunity to become involved in one of Australia's leading sports.

## Competition Format

- Swimmers enrol to compete in a Club hosted Swim Meet
- The top 10 swimmers (8 swimmers and 2 reserves) from all the combined Club Shell Novice Swim Meets are then selected to proceed to the "Shell Final Meet".

## Conditions of Entry

- Each swimmer is restricted to swim a maximum of four events at one centre. **A swimmer may only compete at one Shell Meet.** Swimmers can not swim up an age group.
- Participation certificates and a Shell swim cap will be presented to all swimmers entering the Shell Novice Swim Meets.
- Each swimmer's date of birth must be stated on the entry form. Age as at date of swim meet. Swimmers must compete in their own age group only.
- **Swimmers affiliated to Swimming WA clubs who have achieved AA Qualifying Times in a particular stroke are not eligible to participate in Shell Novice Swim Meets in that stroke at any centre (country or metropolitan). AA Qualifying Times are listed in the Swimming WA almanac.**
- Entry fee is \$4.00 (Inc. GST) per event. Payment must accompany the entry form. All entries and payments must be sent to the coordinator of the host club, and must be received twelve (12) days prior to the meet. Some clubs may take entries on the day.
- Pool entry charges are not included in the entry fee. Swimmers and spectators may be required to pay normal pool entry prices at each centre.

## Program of Events

1	9yrs Boys 50m Butterfly	25	11yrs Girls 50m Backstroke	49	14yrs Boys 50m Breaststroke
2	9yrs Girls 50m Butterfly	26	12yrs Boys 50m Backstroke	50	14yrs Girls 50m Breaststroke
3	10yrs Boys 50m Butterfly	27	12yrs Girls 50m Backstroke	51	MD 50m Breaststroke
4	10yrs Girls 50m Butterfly	28	13yrs Boys 50m Backstroke	52	6yrs Boys 25m Freestyle
5	11yrs Boys 50m Butterfly	29	13yrs Girls 50m Backstroke	53	6yrs Girls 25m Freestyle
6	11yrs Girls 50m Butterfly	30	14yrs Boys 50m Backstroke	54	7yrs Boys 25m Freestyle
7	12yrs Boys 50m Butterfly	31	14yrs Girls 50m Backstroke	55	7yrs Girls 25m Freestyle
8	12yrs Girls 50m Butterfly	32	MD 50m Backstroke	56	8yrs Boys 50m Freestyle
9	13yrs Boys 50m Butterfly	33	6yrs Boys 25m Breaststroke	57	8yrs Girls 50m Freestyle
10	13yrs Girls 50m Butterfly	34	6yrs Girls 25m Breaststroke	58	9yrs Boys 50m Freestyle
11	14yrs Boys 50m Butterfly	35	7yrs Boys 25m Breaststroke	59	9yrs Girls 50m Freestyle
12	14yrs Girls 50m Butterfly	36	7yrs Girls 25m Breaststroke	60	10yrs Boys 50m Freestyle
13	MD 50m Butterfly	37	8yrs Boys 50m Breaststroke	61	10yrs Girls 50m Freestyle
14	6yrs Boys 25m Backstroke	38	8yrs Girls 50m Breaststroke	62	11yrs Boys 50m Freestyle
15	6yrs Girls 25m Backstroke	39	9yrs Boys 50m Breaststroke	63	11yrs Girls 50m Freestyle
16	7yrs Boys 25m Backstroke	40	9yrs Girls 50m Breaststroke	64	12yrs Boys 50m Freestyle
17	7yrs Girls 25m Backstroke	41	10yrs Boys 50m Breaststroke	65	12yrs Girls 50m Freestyle
18	8yrs Boys 50m Backstroke	42	10yrs Girls 50m Breaststroke	66	13yrs Boys 50m Freestyle
19	8yrs Girls 50m Backstroke	43	11yrs Boys 50m Breaststroke	67	13yrs Girls 50m Freestyle
20	9yrs Boys 50m Backstroke	44	11yrs Girls 50m Breaststroke	68	14yrs Boys 50m Freestyle
21	9yrs Girls 50m Backstroke	45	12yrs Boys 50m Breaststroke	69	14yrs Girls 50m Freestyle
22	10yrs Boys 50m Backstroke	46	12yrs Girls 50m Breaststroke	70	MD 50m Freestyle
23	10yrs Girls 50m Backstroke	47	13yrs Boys 50m Breaststroke		
24	11yrs Boys 50m Backstroke	48	13yrs Girls 50m Breaststroke		



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