

# Rockingham Stingrays Sprint Carnival

**Saturday 13th February 2010**

**Aqua Jetty Warnbro**

**Hosted By: Rockingham Swimming Club**

- Warm up from: **7.30am**
- Meet commences at: **9.00am**
- All events will be conducted as timed finals.
- **This meet will operate Electronic Timing.**
- Age as at the 1st day of competition.
- Swimmers must be registered with Swimming WA by close of entries: **Friday 5th February 2010.**
- **Entries close at 5.00pm or last mail on Friday 5th February 2010. No late entries will be accepted.**
- Entry fee: Individual **\$5.50** per event; Relay **\$16.00** per event (including GST). All payments must be made payable to the "Rockingham Swimming Club".
- **Medallions will be awarded for 1st, 2nd and 3rd places in all relay events and in all Age group divisions for Open individual events.**
- **Age Group Divisions are as follows;**
- **Seven year olds may only compete in 50M events**
- **50M events: 8/u, 9, 10, 11, 12, 13, 14/15, 16+ over**
- **100M events: 9/u, 10/11, 12/13, 14/15, 16+over**
- **200M I/M event: 9/u, 10/11, 12/13, 14/15, 16+over**
- **Relay events: 9/u, 10/11, 12/13, 14/15, 16+over**
- **There are also Cash prizes for the highest point-scoring club**
- **1st - \$500, 2nd - \$250 & 3rd - \$150.**
- **Points will be awarded using 10, 8, 6, 5, 4, 3, 2, 1 points system.**
- **\*\*\* Event 33** is a fun event targeting parents, coaches and supporters. There will be special prizes to be announced, at the commencement of the meet. Great raffle prizes will also be available on the day!
- Swimmers may only nominate for their own age group events plus Open events.
- A download file will be posted on the Swimming WA website for clubs using Team Manager to be emailed to [rockswim@iinet.net.au](mailto:rockswim@iinet.net.au)
- Please forward entry forms to: **Registrar Rockingham Swimming Club**  
**PO Box 8203**  
**Warnbro Fair Shopping Centre Post Office**  
**Warnbro WA 6169**
- All enquiries can be directed to Sharon Russell on 0438 283 830 or [rockswim@iinet.net.au](mailto:rockswim@iinet.net.au) or call the club office and leave a message on 9593 4000

<b>Event</b>	<b>Stroke</b>		
1.	Open Mens 50M Breaststroke	10.	Open Womens 100M Butterfly
2.	Open Womens 50M Breaststroke	11.	Boy's 9/u years 4 x 50M Freestyle Relay
3.	Mixed 50M Breaststroke M.D	12.	Girl's 9/u years 4 x 50M Freestyle Relay
4.	Open Mens 100M Breaststroke	13.	Boys 10/11 years 4 x 50M Freestyle Relay
5.	Open Womens 100M Breaststroke	14.	Girls 10/11 years 4 x 50M Freestyle Relay
6.	Open Mens 50M Butterfly	15.	Boys 12/13 years 4 x 50M Freestyle Relay
7.	Open Womens 50M Butterfly	16.	Girls 12/13 years 4 x 50M Freestyle Relay
8.	Mixed 50M Butterfly M.D	17.	Boys 14/15 years 4 x 50M Freestyle Relay
9.	Open Mens 100M Butterfly	18.	Girls 14/15 years 4 x 50M Freestyle Relay
		19.	Boys 16 years & Over 4 x 50M Freestyle Relay

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20. Girls 16 years & Over 4 x 50M Freestyle Relay
21. Open Mens 50M Freestyle
22. Open Womens 50M Freestyle
23. Mixed 50M Freestyle M.D
24. Open Mens 100M Freestyle
25. Open Womens 100M Freestyle
26. Open Mens 50M Backstroke
27. Open Womens 50M Backstroke
28. Mixed 50M Backstroke M.D
29. Open Mens 100M Backstroke
30. Open Womens 100M Backstroke
31. Open Mens 200M Individual Medley
32. Open Womens 200M Individual Medley
33. \*\*\*Mixed 30years & Over 200M Fun Relay